



Job Hazard Analysis

Analysis by:

Reviewed by:

Approved by:

Department:

Phys. Ed.

Date: June, 2019

Possible Hazards or Task	Describe Harm that could occur	Hazard Rating (Low/Medium/High)	Control Action	Personal Protective Equipment (PPE)	Frequency of Monitoring
Set-up/Clean-up Equipment - Heavy poles, weights - Pulling out bleachers - Move basketball nets - Carry hockey nets - Set-up soccer, volleyball nets - Moving Mats	- Pulleys snap (catch Fingers) - Back Strain - Slivers - Faulty/damaged equipment - Equipment failure - Strains	Low to medium	- remove broken equipment from use until repaired - keep in good repair - several people help - move slowly - use appropriate ladder - regular maintenance - Use proper lifting techniques	- Weight belt	Start to end of unit
Driving students / Bus trips	- car accidents - stranded on bus	Low to medium	- drive only in good conditions - follow rules of the road - wear appropriate clothing (dress according to weather)	- First aid kits - Seat belts	Each time a trip is taken
Weather conditions	- heat and cold - slip and fall (ice)	Medium	- dress for the weather - avoid extreme weather - prevent dehydration	- sunscreen - warm clothes	Daily
Playing games / Sports - getting hit with equipment - run into equipment / walls	- sprains / strains - break bones - eye injury - head injury - cuts	Medium	- teach students how to use and set-up equipment - enforce proper use of equipment - keep equipment in good repair - install padding on walls	- Helmets - Goggles - Mats - padding	As needed



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Use of whistle	- hearing loss - damage to teeth	medium	- Hearing protection	Rubber guards Plastic Whistle	Each time
Use of "gym voice"	- damage to vocal chords	Medium	- use megaphone/microphone		Each time
Demonstrating skills	- overuse of muscles/joints - break a bone - head injuries	Medium	- use videos/posters - try to be careful - rest		Each time
Air Compressor	- tank could blow up if pressure is too high	Medium	- check that controls pressure		Each time
Fitness centre Heavy weights Treadmills	- Drop weights - Pinch fingers - dehydration	Medium	- follow safety procedures - drink plenty of water	Collars for weights	Daily